

# Invitation

## Scandinavian Open 7 a-side

### Copenhagen

### 14-15 august 2010

**RC Speed again invite rugby clubs from all of Europe to the SCANDINAVIAN OPEN 7 A-SIDE in Copenhagen. The dates are August 14 and 15. It is the 25th time RC Speed hosts this tournament.**

The tournament is open for non-Scandinavian teams; both club and combined teams can participate, but not national teams. In the last years the tournament has grown in size and rugby quality with the participation of teams from Romania, Poland, Russia, Holland, Germany, Scotland, Ireland, Great Britain and Fiji. Up to 80 teams can participate

in the competition, with 40 teams in the men tournament, 20 in the women and 20 in the old boys tournament.

This invitation is for men, ladies, and old boys teams.

The age limit for players in the men's tournament is minimum 18 years (born 1992), for women it is minimum 16 years (1994) and for old boys the minimum age is 35 (1975). If a team wants to participate with younger players, you will have to ask for a dispensation before arriving.

We would be very pleased if you would pass this invitation on to other rugby clubs, that

could be interested in a rugby tour to Scandinavia this summer.

### Tournament form

A maximum of 40 teams can enter the men's tournament; teams will be put into pools decided by a draw before the start of the tournament. The games will on Saturday be played on 5 pitches. The pitches are located close to each other so it will be possible to watch all the games.

On the second day the pool winners (8 teams) will play a



All photos by Daniel Storch (<http://web.mac.com/dstorch>)

tournament for the SCANDINAVIAN OPEN CHAMPIONSHIP. The teams that finished as number 2 and 3 in the pool games, 16 teams in all, will play a Cup tournament for THE PLATE. The teams that ended as number 4 and 5 in the pool games, 16 teams in all, will play a Cup tournament for THE BOWL.

The ladies cup and bowl finals will be played both Saturday and Sunday. Old boys play only Saturday. The final form will be decided later, depending on the number of participators in the two groups. There will be played 3 games per hour on each pitch, i.e., the tournament lasts from 11.30 to 19.00 on Saturday and from 9.00 to 15.30 on Sunday. We expect to play the 5 finals between 13.30 and 15.30 on Sunday.

In the entry form we would ask you to write the team ambition (CUP – PLATE – BOWL), in order to make a fair seeding of the participating teams, before the pool draw.

All teams will play at least three matches Saturday and two matches Sunday.

## Match rules

The SO7 a-side match committee is the highest authority during the tournament. Matches are played after the international 7-a-side rules. Players can only play for one team. If a team, due to injuries, is in lack of players, the team will be allowed to use players from other teams, but only from teams who have left the tournament and from the same



ranking CUP – PLATE or BOWL, it also requires acceptance from the match committee.

All teams must register with the tournament organizers by phone no later than Saturday morning at 9.00. The teams must register their players 1½ hour before the start of the tournament, Saturday at 10.00 in the clubhouse.

RK Speed will arrange referees from Great Britain, but if a team has a referee on the tour to Copenhagen, he will be welcome to referee. Please give notice to RK Speed as soon as possible on the entry form for match planning.

## Injuries

There will be trained first aid people available for smaller injuries during the whole tournament.

## Food drinks etc.

It will be possible to buy food, beer and soft drinks during the whole tournament; it is also possible to order, before arrival, breakfast for Saturday and Sunday mornings. The bar in the clubhouse is open Friday evening and from 9 AM on Saturday and Sunday. Souvenirs will be sold in the club house.

## Sale of drinks and rugby

**items is forbidden, and will result in exclusion from the tournament. It is not allowed to bring food and drinks into the club house.**

## Transport

Public buses from the main railway station (centre of Copenhagen city) to Amager Hallen, (next to the club house). Transport time is about 30 min.

Train from the main railway station (centre of Copenhagen city) or from the airport to Tårnby station (10 minute's walk from the club house).

Transport time is 10 min.

Taxi from the airport is 5 min.

Taxi from centre of Copenhagen city is 15 min.

Motor highway to Copenhagen airport is passing close to the club, 1½ km.



## Accommodation

We cannot provide any accommodation at the club. We have limited space for some tents nearby the clubhouse. For those who will stay in tents we can arrange breakfast Saturday and Sunday morning. Car parking, use of electrical equipments and use of open fire is forbidden in the camping area, due to the risk of fire. Other possibilities include the 3 hotels close by the club, if you choose hotel you shall remember to make booking in good time. On the web address [www.visitcopenhagen.dk](http://www.visitcopenhagen.dk) it is possible to get all kind of information regarding Copenhagen.

### Hotel Bel Air

Løjtegårdsvej 58, 2770  
Kastrup  
350 Dkr. / night  
TLF. +45 3252 5244  
FAX. +45 3252 5144  
[www.hotelbelair.dk](http://www.hotelbelair.dk) /  
[info@hotelbelair.dk](mailto:info@hotelbelair.dk)

### Zleep Airport Hotel

Englandsvej 333  
2770 Kastrup  
250 Dkr. / night  
Tlf. +45 3246 4610  
Fax +45 3246 4615  
[www.zleep.dk](http://www.zleep.dk) / [info@zleep.dk](mailto:info@zleep.dk)

### Copenhagen DanHostel Amager

Vejlands Alle 200  
2300 KBH. S  
120 Dkr. / night  
TLF. +45 3252 2908  
FAX. +45 3252 2708  
[www.danhostel.dk](http://www.danhostel.dk) /  
[copenhagen@danhostel.dk](mailto:copenhagen@danhostel.dk)

## Timetable

1/1-10 Invitations sent out  
1/5-10 Entry form to RC  
Speed  
1/5-10 Entry Fee paid to RC  
Speed  
1/7-10 Breakfast form to RC  
Speed  
1/8-10 Program sent out  
14-15/8-10 Tournament

## Club house and pitches

RK Speed ([www.rkspeed.dk](http://www.rkspeed.dk))  
Travbaneparken  
Løjtegårdsvej 58B  
2770 Kastrup, Denmark  
Tlf.: +45 3250 0293

### BANK

Amagerbanken  
Dragoer Center Afd  
Magleby Torv 14  
2791 Dragoer  
Tlf.: +45 3253 7222  
Mail  
[dragoercenter@amagerbanke.n.dk](mailto:dragoercenter@amagerbanke.n.dk),  
account 52181503947,  
swiftcode: AMBKDKKK  
iban: DK5352180001503947

## SO7 planning committee

E-Mail: [so7@rkspeed.dk](mailto:so7@rkspeed.dk)

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## Entry to the tournament

The entry form, and the entry fee of 1.500 DKr. (200€) per team has to be sent to

the RK Speed, before May 1st, on the bank account or by cheque.

Each team will receive a rugby ball at the registration Saturday morning.

Ordering and payment of breakfast, 35 Dkr (5€) a person, has to be paid before the July 1st, only teams that have ordered and paid before arrival will be served.

If you need further information, please contact RK Speed.

## 2009 winners

### Men Cup

1. Viti Outlaws (Fiji)
2. Frederiksberg RK (Denmark)

### Men Plate

1. CSR/Nanok (Denmark)
2. Dr. Jekyll's Rugby Team (Norway)

### Men Bowl

1. Team JJ's (Denmark)
2. Tønsberg RC (Norway)

### Women Cup

1. Susies Saloon RFC (Netherlands)
2. Team Skåne (Sweden)

### Women Bowl

1. Bergen RK (Norway)
2. Vänersborg RC (Sweden)

### Old Boys Cup

1. Frederiksberg RK (Denmark)
2. South Pacific Masters (Sweden)



# Entry form

This entry form has to be sent or e-mailed to RK Speed before the 1st of May 2010. **Notice that you will first be booked into the tournament, when we have received your entry fee payment.**

Fill out this entry form with printed letters. The entry form can also be submitted via the web

Team \_\_\_\_\_

Address \_\_\_\_\_

Country \_\_\_\_\_

Contact Person \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_

Fax \_\_\_\_\_

E- mail \_\_\_\_\_



Will participate with the following teams. – Write the team ambition for seeding

Men Teams	Number of teams	_____	Ambition	_____
Women Teams	Number of teams	_____	Ambition	_____
Old Boys Teams	Number of teams	_____	Ambition	_____

Colors                  Shirts                  \_\_\_\_\_                  Shorts                  \_\_\_\_\_

Referees \_\_\_\_\_

## Accommodation in own tents

There is no fee on tents, Campers and cars are not allowed in the tent area.

Tents \_\_\_\_\_                  Persons \_\_\_\_\_

## Breakfast

Breakfast is served in the club from 7.30 Saturday and Sunday mornings. The price will be 35 Dkr. per person a day; the amount has to be paid to RK Speed before arrival to the tournament.

Breakfast saturday Persons \_\_\_\_\_

Breakfast Sunday Persons \_\_\_\_\_